#### **Code of Conduct for Participants**

We are fully committed to safeguarding and promoting the well-being of all our members. The club believes it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and share any concerns or complaints that they may have about any aspect of the club with our Welfare Officer, Joanne Buggins.

As a member of Salto GC you are expected to follow and abide by the club rules:

* All members must participate within the rules.
* All members must respect coaches, judges and their decisions.
* All members must respect opponents and fellow club members.
* Members should try to keep to agreed timings for training and competitions or inform their coach if this is not possible due to other commitments or they are going to be late.
* Members must wear suitable clothing for training and events as agreed with the coach.
* If hair is long enough to be tied back it must be done so at all times whilst training and all body jewellery must be removed.
* Members must pay any fees for training or events promptly.
* Members must not smoke, consume alcohol or take drugs of any kind whilst representing the club at competitions or other events.
* Members should treat all equipment with respect.
* Members must inform the head coach of any injuries or illness they may have before the warm-up begins.
* Members should not eat or chew gum during a session.
* Members must not use bad language.
* Members should remain with coaches inside the gym at the end of a session until collected by their parent or guardian.
* Members should not wear heels or black soled shoes into the gym.